



# MICRONESIAN SWIMMING CHAMPIONSHIP

MAY 02 & 03, 2020

SANCTIONED BY THE **GUAM SWIMMING FEDERATION (GSF)**

## INVITATIONAL SWIM MEET

**EVENT:** MICRONESIAN SWIMMING CHAMPIONSHIPS 2020

**HOST:** Guam Swimming Federation

**Organizing Committee Contacts:**

- Ms. Greta Duenas, (GSF Vice President) (671) 727-8318
- Ms. Rita Jugo, (GSF Treasurer) (671) 688-3433
- Mr. Chris Duenas (GSF GNAC Rep.) (671) 777-5833

**VENUE:** Leo Palace Resort/Pan Pacific Sports Center  
221 Lake View Drive, Yona, Guam 96915

**COMPETITOR:** Micronesian Delegations

**OBJECTIVE:** Friendly Competition between Micronesian Delegations.

**PURPOSE:** This event is to serve as a developmental opportunity for our up and coming athletes. This competition will aid those swimmers competing on the larger stage events such as, Pacific Games, Oceania, the World Championships, and the Olympic Games.



MICRONESIAN SWIMMING CHAMPIONSHIPS 2020

ORDER OF EVENTS

DAY 1 - SATURDAY SESSION		
GIRLS	EVENTS	BOYS
1	1500M FREESTYLE	2
3	200M BACKSTROKE	4
5	100M BUTTERFLY	6
7	50M BREASTSTROKE	8
9	100M FREESTYLE	10
BREAK		
11	800M FREESTYLE	12
13	50M BUTTERFLY	14
15	100M BACKSTROKE	16
17	200M BREASTSTROKE	18
19	200M FREESTYLE	20
21	200M MEDLEY RELAY (4 X 50M RELAY)	22
DAY 2 – SUNDAY SESSION		
23	400M FREESTYLE	24
25	50M BACKSTROKE	26
27	200M BUTTERFLY	28
29	100M BREASTSROKE	30
31	50M FREESTYLE	32
33	200M INDIVIDUAL MEDLEY	34
35	200M FREESTYLE RELAY (4 X50M RELAY)	36



## SWIM MEET SCHEDULE:

### DAY 1:

- **WELCOMING OF DELEGATIONS – 7:30 AM**
  - **PARADE OF ATHLETES**
  - **PRESENTATION OF COLORS**
  - **NATIONAL ANTHEM & GUAM ANTHEM**

### COMPETITION:

- **WARM UPS:** 8:00 AM. – 8:30 AM. (Diving Pool – All Lanes Open)
- **COACHES BRIEFING:** 8:00 AM – 8:15 AM (Press Room)
- **TIMERS BRIEFING:** 8:15 AM – 8:30 AM (Competition Pool Deck)
- **WARM UPS LANES – CLOSED:** 8:30 AM
- **MARSHALING OF SWIMMERS:** 8:45 AM (for their swim event)
- **MEET BEGINS PROMPTLY** at 9:00 AM

### DAY 2

- **WARM UPS:** 7:30 AM – 8:30 AM
- **MEET STARTS:** 9:00 AM
- **MEDAL PRESENTATION**

### FORMAT

All races are timed finals. Heats are seeded by entry time per age group. FINA rules will apply. Each swimmer is allowed to swim four (4) individual events and two (2) relays.

### AWARDS

There will be a presentation of medals on Day 2

Medals will be awarded to the Top three (3) finishers. of each age group, for Male and Female. Ribbons will be given for 4<sup>th</sup> to 8<sup>th</sup> places.

### **TEAM AWARDS:**

Each Delegation will be given a GSF gift at the Banquet Dinner on May 3, 2020.

### ENTRIES

Deadline of Intent to Participate is on March 6, 2020.

Closing date of entries is March 13, 2020.

Please send entries via email to [ritajugo@gmail.com](mailto:ritajugo@gmail.com)

**LATE ENTRIES WILL BE NOT BE ACCEPTED.**

### HOW TO REGISTER:

- Step 1:** Fill up Intent to Participate and Official Entry Forms  
Please email to: Ms. Rita Jugo: [ritajugo@gmail.com](mailto:ritajugo@gmail.com)
- Step 2:** Upon receiving confirmation from the Organizing Committee



## MICRONESIAN SWIMMING CHAMPIONSHIPS

May 2, 2020 (Saturday) & May 3, 2020 (Sunday)

### INTENT TO PARTICIPATE FORM

<b>Please FILL UP INFORMATION below:</b>
Name of Team:
Name of Coach (s):
Mobile Number (s):
Landline Number (s):
Email Address (s):
Shirt Size
SIGNATURE (Electronic Signature)
Date
Attending the Banquet <input type="checkbox"/> Yes <input type="checkbox"/> No

