

11TH MICRONESIAN GAMES (Nauru TBA)

QUALIFYING TIME STANDARDS

The following table outlines the minimum Qualifying Times* for the 2026 Micronesian Games, Nauru. Additional events may be added by the Games Organizing Committee.

Men's		Women's
Qualifying Time (QT)	Event (SCY)*	Qualifying Time (QT)
54.00	100y Freestyle	1:00.37
1:52.91	200y Freestyle	2:21.79
5:23.22	500y Freestyle	6:41.10
9:08.78	800y Freestyle	10:16.20
20:36.63	1650y Freestyle	23:16.79
1:05.83	100y Backstroke	1:16.01
2:28.51	200y Backstroke	2:43.01
1:15.38	100y Breaststroke	1:24.38
2:44.32	200y Breaststroke	3:18.06
1:06.05	100y Butterfly	1:08.32
2:28.49	200y Butterfly	3:24.57
1:04.35	100y Individual Medley	1:07.58
2:41.73	200y Individual Medley	3:17.53
5:59.41	400y Individual Medley	5:38.18
42:12	2.5k Open Water	39:16
1:11:21	5k Open Water	1:22.02

* Qualifying Times for POOL events correspond to the time achieved by the the last place finish in the event finals of the 2024 Micronesian Games (in this case the 6TH PLACE finish). The 2024 Games were contested in a **25-YARD POOL**. Therefore, qualifying times are given in Short Course Yards (SCY). However, **equivalent qualifying times earned as Short Course Meters (SCM) or Long Course Meters (LCM) will also be accepted.**

Open Water Qualifying Times correspond to the last finish recorded within 15 minutes of the leader's time [World Aquatics OWS 6.17] at the 2024 Micronesian Games *and* which was no more than a 6th Place finish.