

2026 OCEANIA SWIMMING CHAMPIONSHIPS (TBA)

QUALIFYING TIME STANDARDS (50M)

•The following are the **minimum Qualifying Times*** for the 2026 Oceania Swimming Championships. Additional events may be added by the Games Organizing Committee.

•Guam Aquatics only accepts qualifying times from events with distances of 100 meters or more. If qualified, athletes may swim event distances of 50 meters when at the competition.

• All times must be achieved within the period **December 1, 2024 to March 31, 2026**. Times achieved outside this period will not be accepted. Times must be achieved at a GSF or GNOC-sanctioned event, either in a 25m pool or a 50m pool.

Men's		Women's
Qualifying Time (QT)	LCM Event (50m)	Qualifying Time (QT)
56.13	100m Freestyle	1:05.25
2:18.50	200m Freestyle	2:31.73
4:46.79	400m Freestyle	5:18.46
8:21.48	800m Freestyle	8:59.57
16:13.27	1500m Freestyle	17:04.21
1:08.91	100m Backstroke	1:34.58
2:38.69	200m Backstroke	2:48.98
1:15.64	100m Breaststroke	1:33.42
3:09.73	200m Breaststroke	2:52.83
59.33	100m Butterfly	1:17.45
2:24.57	200m Butterfly	2:34.27
2:34.86	200m Individual Medley	3:24.90
4:34.80	400m Individual Medley	5:05.43

* Qualifying Times correspond to the time achieved by the last place finish in the "A" finals of the 2024 Oceania Swimming Champs in Gold Coast, Australia.